

Equality Matters

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EDI Updates

A new initiative, the first of its kind in the UK, aiming to improve cultural competence in mental health, health and social care services, was officially launched on 11 October by the Cabinet Secretary for Health and Social Services at the time, Vaughan Gething, Assembly Member.

The BME Mental Health Workplace Good Practice

Certification Scheme developed by equalities charity Diverse Cymru, endorsed by the Royal College of Psychiatrists in Wales and independently verified by UKIED, is designed for professionals that work with BME communities in Wales, in efforts to improve the accessibility and quality of mental health, health and social care services.



Suzanne Duval of Diverse Cymru, pictured here with Charles Willie and Anthony Wilkes, explains more about this exciting new scheme on Page 2

Eszter Bobvos from Centre 404, pictured below with Maria Speight with their UKIED accreditation certificate in October, tells us of some initiatives recently launched by their Learning & Leisure service:

Camden LGBT Forum (now covering Islington as well)



Speaking to people and passing out some information. Reminding people as well that they don't have to be part of the LGBT+ community to find out more and be supportive!

Hate Crime Reporting:

We are also aiming to be able to offer a Hate Crime reporting service where we can sit in a quiet space with individuals where they have the opportunity to report Hate Crimes to us and we will then forward them onto the Police as necessary. No.7, December 2018

UKIED would like to wish everyone a very happy and healthy festive Christmas season!



UKIED Training Events

Unconscious Bias – Train the Trainer Workshop

Friday 14th December @ The Space Centre, 94 Judd Street, London WC1H 9NT

It is not too late to book your place! Bookings will close on Wednesday 12th December

https://www.eventbrite.co.uk/e/ unconscious-bias-train-the-trainer -workshop-tickets-52256297994

Contact melissa@ukied.co.uk

If you have an event which you would like us to promote, or for advert placements, please contact admin@ukied.co.uk

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BME Mental Health Workplace Good Practice Certification Scheme

The practice based initiative is evidence based and provides tools and resources to help practitioners provide a culturally appropriate service that importantly will help them assess and measure year-on-year the competency of the services provided.

The initiative has been financially supported by Welsh Government as part of their Section 64 Third Sector Mental Health Grants 2018-2021 for projects to support people with mental ill health across Wales.

Suzanne Duval, BME Mental Health Manager at Diverse Cymru, said:

"Research has shown that BME people are less likely to seek support for mental ill health at an early stage due to cultural barriers, experience greater problems accessing services and fare less well in the mental health systems, and so they access services much later, when their illness is more severe.

I have seen many times over the years how simple changes could make a world of difference to those trying to access mental health, health and social care services, and I'm thrilled by the endorsement from the Royal College of Psychiatrists, our partnership work with UKIED and the funding and support from the Welsh Government for this ground breaking initiative.

Research has shown that cultural appropriateness may be the most important factor in the accessibility of services by BME communities. Developing culturally competent services produce numerous benefits for the organisation, patients and community."

A view supported by **Vaughan Gething** (pictured here with Suzanne), then Cabinet Secretary for Health and Social Services, who said that:

"Ethnic minority communities can sometimes encounter issues accessing appropriate healthcare, they are not always aware of the services they are entitled to and how to access them. This Certification Scheme will assist mental health organisations and practitioners to ensure they develop



culturally appropriate services to improve access to mental health services among ethnic minority communities."

In further support of the scheme **Professor Keith Lloyd**, Chair of the Royal College of Psychiatrists in Wales, said that:

"Diverse Cymru provides valuable support for our NHS mental health services by providing a voice and support for people from BME communities in Wales. It's intended that this resource will help support healthcare professionals with further relevant techniques and interventions to deliver an effective culturally competent, patient centred service."

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